

ENERGY PACK

CAPITAL PRIDE (INVESTMENT ADVISER)

DATE	SCRIPT	LOT	RECO	RATE	LOOKED AT	LOOKED AT	PROFIT/ LOSS			TOTAL POINT	P & L
							T1	T2	T3		
10-06-2019	CRUDEOIL	100	SELL	3775	3750	0	2500.00	0.00	0.00	25.00	2500.00
06-06-2019	CRUDEOIL	100	SELL	3590	3625	0	-3500.00	0.00	0.00	-35.00	-3500.00
04-06-2019	CRUDEOIL	100	LONG	3680	3705	0	2500.00	0.00	0.00	25.00	2500.00
03-06-2019	CRUDEOIL	100	SELL	3675	3710	0	-3500.00	0.00	0.00	-35.00	-3500.00
31-05-2019	CRUDEOIL	100	SELL	3910	3885	3810	2500.00	10000.00	0.00	100.00	10000.00
30-05-2019	CRUDEOIL	100	LONG	4160	4125	0	-3500.00	0.00	0.00	-35.00	-3500.00
29-05-2019	CRUDEOIL	100	SELL	4085	4055	0	3000.00	0.00	0.00	30.00	3000.00
28-05-2019	CRUDEOIL	100	SELL	4130	4105	4105	2500.00	0.00	0.00	25.00	2500.00
27-05-2019	CRUDEOIL	100	LONG	4070	4095	4095	2500.00	0.00	0.00	25.00	2500.00
24-05-2019	CRUDEOIL	100	SELL	4095	4065	0	3000.00	0.00	0.00	30.00	3000.00
23-05-2019	CRUDEOIL	100	SELL	4245	4205	4145	4000.00	10000.00	0.00	100.00	10000.00
22-05-2019	CRUDEOIL	100	SELL	4370	4330	4270	4000.00	10000.00	0.00	100.00	10000.00
21-05-2019	NATURALGAS	1250	SELL	184.5	182.5	0	2500.00	0.00	0.00	2.00	2500.00
20-05-2019	CRUDEOIL	100	SELL	4380	4350	0	3000.00	0.00	0.00	30.00	3000.00
17-05-2019	CRUDEOIL	100	SELL	4450	4420	0	3000.00	0.00	0.00	30.00	3000.00
15-05-2019	CRUDEOIL	100	SELL	4300	4335	0	-3500.00	0.00	0.00	-35.00	-3500.00
09-05-2019	CRUDEOIL	100	SELL	4345	4315	0	3000.00	0.00	0.00	30.00	3000.00
06-05-2019	CRUDEOIL	100	SELL	4195	4225	0	-3000.00	0.00	0.00	-30.00	-3000.00
03-05-2019	CRUDEOIL	100	LONG	4305	4330	0	2500.00	0.00	0.00	25.00	2500.00
02-05-2019	NATURALGAS	1250	SELL	182.4	180.4	0	2500.00	0.00	0.00	2.00	2500.00
02-05-2019	CRUDEOIL	100	LONG	4410	4375	0	-3500.00	0.00	0.00	-35.00	-3500.00
30-04-2019	CRUDEOIL	100	LONG	4485	4515	0	3000.00	0.00	0.00	30.00	3000.00
26-04-2019	CRUDEOIL	100	SELL	4560	4530	4470	3000.00	9000.00	0.00	90.00	9000.00
24-04-2019	CRUDEOIL	100	SELL	4630	4630	0	0.00	0.00	0.00	0.00	0.00
15-04-2019	NATURALGAS	1250	SELL	183	181	0	2500.00	0.00	0.00	2.00	2500.00
12-04-2019	CRUDEOIL	100	LONG	4435	4475	0	4000.00	0.00	0.00	40.00	4000.00
11-04-2019	CRUDEOIL	100	SELL	4420	4390	0	3000.00	0.00	0.00	30.00	3000.00
08-04-2019	CRUDEOIL	100	LONG	4410	4440	0	3000.00	0.00	0.00	30.00	3000.00
04-04-2019	CRUDEOIL	100	LONG	4325	4290	0	-3500.00	0.00	0.00	-35.00	-3500.00
03-04-2019	CRUDEOIL	100	LONG	4325	4290	0	-3500.00	0.00	0.00	-35.00	-3500.00
02-04-2019	CRUDEOIL	100	LONG	4305	4270	0	-3500.00	0.00	0.00	-35.00	-3500.00
01-04-2019	CRUDEOIL	100	LONG	4230	4260	0	3000.00	0.00	0.00	30.00	3000.00
28-03-2019	CRUDEOIL	100	SELL	4070	4115	0	-4500.00	0.00	0.00	-45.00	-4500.00
25-03-2019	CRUDEOIL	100	SELL	4070	4095	0	-2500.00	0.00	0.00	-25.00	-2500.00
25-03-2019	NATURALGAS	1250	SELL	188	189.8	0	-2250.00	0.00	0.00	-1.80	-2250.00
22-03-2019	NATURALGAS	1250	SELL	191.5	191.7	0	-250.00	0.00	0.00	0.20	-250.00
18-03-2019	CRUDEOIL	100	SELL	3990	4025	0	-3500.00	0.00	0.00	-35.00	-3500.00
15-03-2019	CRUDEOIL	100	SELL	4065	4035	0	3000.00	0.00	0.00	30.00	3000.00
14-03-2019	CRUDEOIL	100	SELL	4060	4030	0	3000.00	0.00	0.00	30.00	3000.00
12-03-2019	NATURALGAS	1250	SELL	193	194.3	0	-1625.00	0.00	0.00	-1.30	-1625.00
12-03-2019	CRUDEOIL	100	SELL	3980	3970	0	1000.00	0.00	0.00	10.00	1000.00
11-03-2019	NATURALGAS	1250	SELL	195	193.3	0	2125.00	0.00	0.00	1.70	2125.00
08-03-2019	CRUDEOIL	100	SELL	3915	3880	0	3500.00	0.00	0.00	35.00	3500.00
07-03-2019	CRUDEOIL	100	LONG	3972	3982	0	1000.00	0.00	0.00	10.00	1000.00
27-02-2019	CRUDEOIL	100	LONG	4022	4062	4090	4000.00	6800.00	0.00	68.00	6800.00
26-02-2019	CRUDEOIL	100	LONG	3962	3952	0	-1000.00	0.00	0.00	-10.00	-1000.00
13-02-2019	NATURALGAS	1250	SELL	183	187	0	-5000.00	0.00	0.00	-4.00	-5000.00
11-02-2019	NATURALGAS	1250	LONG	193	195	0	2500.00	0.00	0.00	2.00	2500.00
07-02-2019	NATURALGAS	1250	SHORT	189	187	0	2500.00	0.00	0.00	2.00	2500.00
30-01-2019	CRUDEOIL	100	LONG	3855	3885	0	3000.00	0.00	0.00	30.00	3000.00
29-01-2019	CRUDEOIL	100	SHORT	3710	3750	0	-4000.00	0.00	0.00	-40.00	-4000.00
25-01-2019	CRUDEOIL	100	SHORT	3815	3785	0	3000.00	0.00	0.00	30.00	3000.00
24-01-2019	NATURALGAS	1250	LONG	218.3	220.3	224.3	2500.00	5000.00	0.00	6.00	7500.00
22-01-2019	CRUDEOIL	100	SHORT	3790	3760	3760	3000.00	0.00	0.00	30.00	3000.00
21-01-2019	NATURALGAS	1250	SHORT	233	230	0	5000.00	0.00	0.00	1.00	5000.00
18-01-2019	CRUDEOIL	100	SHORT	3760	3805	3805	-4600.00	0.00	0.00	-46.00	-4600.00
10-01-2019	NATURALGAS	1250	LONG	215	218	0	3750.00	0.00	0.00	3.00	3750.00
09-01-2019	CRUDEOIL	100	SHORT	3590	3626	0	-3600.00	0.00	0.00	-36.00	-3600.00
07-01-2019	CRUDEOIL	100	SHORT	3430	3380	0	5000.00	0.00	0.00	50.00	5000.00
03-01-2019	NATURALGAS	1250	SHORT	204	208	0	-5000.00	0.00	0.00	-2.00	-5000.00
28-12-2018	CRUDEOIL	100	SHORT	3200	3150	0	5000.00	0.00	0.00	50.00	5000.00
24-12-2018	CRUDEOIL	100	SHORT	3185	3145	0	4000.00	0.00	0.00	40.00	4000.00
21-12-2018	NATURALGAS 2 LOT	2500	SHORT	254.8	256.8	0	-5000.00	0.00	0.00	-2.00	-5000.00

19-12-2018	CRUDEOIL 2 LOT	200	SHORT	3286	3316	-6000.00	0.00	0.00	-30.00	-6000.00
18-12-2018	NATURALGAS 2 LOT	2500	SHORT	257.7	255.3	6000.00	0.00	0.00	2.40	6000.00
17-12-2018	NATURALGAS 2 LOT	2500	SHORT	259.6	261.6	-5000.00	0.00	0.00	-2.00	-5000.00
13-12-2018	NATURALGAS 2 LOT	2500	SHORT	294	291.6	6000.00	0.00	0.00	2.40	6000.00
22-11-2018	NATURALGAS	1250	SHORT	319.6	315.5	5125.00	0.00	0.00	4.10	5125.00
19-11-2018	NATURALGAS	1250	SHORT	318.5	322.5	5000.00	0.00	0.00	4.00	5000.00
16-11-2018	NATURALGAS	1250	SHORT	286.7	282.6	5125.00	0.00	0.00	4.10	5125.00
15-11-2018	NATURALGAS	1250	SHORT	328.5	324.2	5375.00	0.00	0.00	4.30	5375.00
14-11-2018	CRUDEOIL	100	SHORT	4045	4095	-5000.00	0.00	0.00	-50.00	-5000.00
05-11-2018	NATURALGAS 2 LOT	2500	LONG	252.1	254.4	5750.00	0.00	0.00	2.30	5750.00
26-10-2018	CRUDEOIL	100	SHORT	4880	4925	-4500.00	0.00	0.00	-45.00	-4500.00
22-10-2018	CRUDEOIL	100	SHORT	5105	5055	5000.00	0.00	0.00	50.00	5000.00
19-10-2018	CRUDEOIL	100	SHORT	5060	5100	-4000.00	0.00	0.00	-40.00	-4000.00
18-10-2018	CRUDEOIL	100	SHORT	5049	5090	-4100.00	0.00	0.00	-41.00	-4100.00
17-10-2018	NATURALGAS 2 LOT	2500	LONG	241.5	239.5	-5000.00	0.00	0.00	-2.00	-5000.00
16-10-2018	CRUDEOIL	100	SHORT	5226	5265	-3900.00	0.00	0.00	39.00	-3900.00
12-10-2018	CRUDEOIL	100	SHORT	5254	5243	-1100.00	0.00	0.00	11.00	-1100.00
03-10-2018	ALUMINIUM	5000	LONG	159.55	160.8	6250.00	0.00	0.00	1.25	6250.00
28-09-2018	CRUDEOIL	100	SHORT	5238	5280	-4200.00	0.00	0.00	42.00	-4200.00
27-09-2018	NATURALGAS 2 LOT	2500	LONG	217.1	219.1	5000.00	0.00	0.00	2.00	5000.00
26-09-2018	CRUDEOIL	100	SHORT	5240	5200	4000.00	0.00	0.00	40.00	4000.00
17-09-2018	CRUDEOIL	100	LONG	5024	4985	-3900.00	0.00	0.00	-39.00	-3900.00
12-09-2018	CRUDEOIL	100	LONG	5053	5085	3200.00	0.00	0.00	32.00	3200.00
11-09-2018	CRUDEOIL	100	SHORT	4925	4955	-3000.00	0.00	0.00	-30.00	-3000.00
06-09-2018	CRUDEOIL	100	SHORT	4924	4882	4200.00	0.00	0.00	42.00	4200.00
05-09-2018	CRUDEOIL	100	SHORT	4947	4985	-3800.00	0.00	0.00	-38.00	-3800.00
30-08-2018	CRUDEOIL	100	LONG	4963	5003	4000.00	0.00	0.00	40.00	4000.00
23-08-2018	CRUDEOIL	100	LONG	4780	4771	-900.00	0.00	0.00	-9.00	-900.00
11-08-2018	CRUDEOIL	100	LONG	4705	4665	-4000.00	0.00	0.00	-40.00	-4000.00
10-08-2018	CRUDEOIL	100	SHORT	4593	4630	-3700.00	0.00	0.00	-37.00	-3700.00
09-08-2018	CRUDEOIL	100	SHORT	4590	4630	-4000.00	0.00	0.00	-40.00	-4000.00
08-08-2018	CRUDEOIL	100	SHORT	4738	4705	3300.00	0.00	0.00	33.00	3300.00
03-08-2018	NATURALGAS 2 LOT	2500	LONG	194.7	195.5	2000.00	0.00	0.00	0.80	2000.00
03-08-2018	CRUDEOIL	100	LONG	4760	4720	-4000.00	0.00	0.00	-40.00	-4000.00
01-08-2018	CRUDEOIL	100	SHORT	4659	4615	4400.00	0.00	0.00	44.00	4400.00
26-07-2018	CRUDEOIL	100	SHORT	4755	4800	-4500.00	0.00	0.00	-45.00	-4500.00
25-07-2018	CRUDEOIL	100	SHORT	4718	4752	-3400.00	0.00	0.00	-34.00	-3400.00
24-07-2018	CRUDEOIL	100	SHORT	4708	4752	-4400.00	0.00	0.00	-44.00	-4400.00
23-07-2018	CRUDEOIL	100	LONG	4776	4736	-4000.00	0.00	0.00	-40.00	-4000.00
20-07-2018	CRUDEOIL	100	LONG	4737	4698	-3900.00	0.00	0.00	-39.00	-3900.00
19-07-2018	CRUDEOIL	100	LONG	4730	4690	-4000.00	0.00	0.00	-40.00	-4000.00
18-07-2018	CRUDEOIL	100	SHORT	4625	4660	-3500.00	0.00	0.00	-35.00	-3500.00
12-07-2018	CRUDEOIL	100	SHORT	4858	4816	4200.00	0.00	0.00	42.00	4200.00
06-07-2018	CRUDEOIL	100	SHORT	5009	5052	-4300.00	0.00	0.00	-43.00	-4300.00
02-07-2018	CRUDEOIL	100	SHORT	5075	5110	-3500.00	0.00	0.00	-35.00	-3500.00
29-06-2018	NATURALGAS(2LOT)	2500	SHORT	200.8	200.8	0.00	0.00	0.00	0.00	0.00
28-06-2018	CRUDEOIL	100	LONG	5042	5088	4600.00	0.00	0.00	46.00	4600.00
27-06-2018	CRUDEOIL	100	LONG	4870	4910	4000.00	0.00	0.00	40.00	4000.00
21-06-2018	CRUDEOIL	100	SHORT	4460	4420	4000.00	0.00	0.00	40.00	4000.00
12-06-2018	CRUDEOIL	100	LONG	4491	4478	-1300.00	0.00	0.00	-13.00	-1300.00
07-06-2018	CRUDEOIL	100	SHORT	4360	4392	-3200.00	0.00	0.00	-32.00	-3200.00
05-06-2018	CRUDEOIL	100	SHORT	4370	4332	3800.00	0.00	0.00	38.00	3800.00
04-06-2018	CRUDEOIL	100	SHORT	4407	4370	3700.00	0.00	0.00	37.00	3700.00
01-06-2018	CRUDEOIL	100	SHORT	4470	4429	4100.00	0.00	0.00	41.00	4100.00
31-05-2018	NATURALGAS(2LOT)	2500	LONG	198.6	200.8	5500.00	0.00	0.00	2.20	5500.00
31-05-2018	CRUDEOIL	100	SHORT	4560	4517	4300.00	0.00	0.00	43.00	4300.00
25-05-2018	CRUDEOIL	100	SHORT	4813	4772	4100.00	0.00	0.00	41.00	4100.00
24-05-2018	CRUDEOIL	100	SHORT	4882	4841	4100.00	0.00	0.00	41.00	4100.00
17-05-2018	CRUDEOIL	100	SHORT	4880	4830	5000.00	0.00	0.00	50.00	5000.00
16-05-2018	NATURALGAS	1250	SHORT	191.5	191.2	375.00	0.00	0.00	0.30	375.00
15-05-2018	CRUDEOIL	100	SHORT	4885	4836	4900.00	0.00	0.00	49.00	4900.00
10-05-2018	NATURALGAS	2500	SHORT	184.1	184.1	0.00	0.00	0.00	0.00	0.00
09-05-2018	CRUDEOIL	100	LONG	4802	4802	0.00	0.00	0.00	0.00	0.00
27-04-2018	CRUDEOIL	100	SHORT	4537	4542	-500.00	0.00	0.00	-5.00	-500.00
24-04-2018	NATURALGAS	2500	LONG	183.6	184	1000.00	0.00	0.00	0.40	1000.00
19-04-2018	NATURALGAS	2500	LONG	180.8	178.7	-5250.00	0.00	0.00	-2.10	-5250.00
18-04-2018	CRUDEOIL	100	LONG	4434	4474	4000.00	0.00	0.00	40.00	4000.00
16-04-2018	NATURAL GAS	2500	LONG	180.5	181.4	2250.00	0.00	0.00	0.90	2250.00
13-04-2018	CRUDEOIL	100	LONG	4408	4370	-3800.00	0.00	0.00	-38.00	-3800.00
11-04-2018	CRUDEOIL	100	LONG	4257	4282	2500.00	0.00	0.00	25.00	2500.00
10-04-2018	CRUDEOIL	100	LONG	4181	4198	1700.00	0.00	0.00	17.00	1700.00
06-04-2018	CRUDEOIL	100	SHORT	4095	4056	3900.00	0.00	0.00	39.00	3900.00
05-04-2018	NATURAL GAS	2500	SHORT	174.9	173.4	3750.00	0.00	0.00	1.50	3750.00

05-04-2018	CRUDEOIL	100	LONG	4144	4108	-3600.00	0.00	0.00	-36.00	-3600.00
28-03-2018	NATURAL GAS	2500	LONG	177.3	179.4	5250.00	0.00	0.00	2.10	5250.00
28-03-2018	CRUDEOIL	100	SHORT	4188	4221	-3300.00	0.00	0.00	-33.00	-3300.00
27-03-2018	CRUDEOIL	100	LONG	4276	4238	-3800.00	0.00	0.00	-38.00	-3800.00
21-03-2018	CRUDEOIL	100	LONG	4071	4110	3900.00	0.00	0.00	39.00	3900.00
20-03-2018	CRUDEOIL	100	LONG	4081	4120	3900.00	0.00	0.00	39.00	3900.00
14-03-2018	CRUDEOIL	100	SHORT	3936	3906	3000.00	0.00	0.00	30.00	3000.00
13-03-2018	NATURAL GAS	1250	LONG	182.8	181.4	-1750.00	0.00	0.00	-1.40	-1750.00
13-03-2018	CRUDEOIL	100	SHORT	3976	4012	-3600.00	0.00	0.00	-36.00	-3600.00
08-03-2018	CRUDEOIL	100	SHORT	3972	3942	3000.00	0.00	0.00	30.00	3000.00
08-03-2018	NATURAL GAS	1250	LONG	181.7	179.4	-2875.00	0.00	0.00	-2.30	-2875.00
07-03-2018	CRUDEOIL	100	SHORT	4036	4006	3000.00	0.00	0.00	30.00	3000.00
05-03-2018	CRUDEOIL	100	LONG	3937	3970	3300.00	0.00	0.00	33.00	3300.00
14-02-2018	NATURAL GAS	2500	SHORT	167.4	165.2	5500.00	0.00	0.00	2.20	5500.00
13-02-2018	CRUDEOIL	200	SHORT	3793	3752	8200.00	0.00	0.00	41.00	8200.00
09-02-2018	CRUDEOIL	200	SHORT	3879	3844	7000.00	0.00	0.00	35.00	7000.00
05-02-2018	NATURAL GAS	2500	SHORT	182.3	180	5750.00	0.00	0.00	2.30	5750.00
31-01-2018	CRUDEOIL	100	SHORT	4071	4106	-3500.00	0.00	0.00	-35.00	-3500.00
23-01-2018	NATURAL GAS	2500	LONG	211.7	214	5750.00	0.00	0.00	2.30	5750.00
12-06-2017	NATURAL GAS	1250	SHORT	188.6	187.7	1125.00	0.00	0.00	0.90	1125.00